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Hydrafacial Treatments Improve the Appearance of Acne and Lead to High Satisfaction in 100% of Patients

About the Study:

20 adult patients with mild-to-moderate acne (Global Acne Severity Scale; GASS) were enrolled to receive a series of 6 Hydrafacial Clarifying treatments every other week. Investigator and patient assessments were performed at baseline, after each treatment, and at a follow-up visit 2 weeks after the last treatment using the GASS and questionnaires.

Treatment Protocols:

Each patient received the Hydrafacial Clarifying Treatment with the Hydrafacial Elite machine.

- The treatment consisted of a cleansing and peeling step using Hydrafacial's Activ-4® and GlySal® (7.5% glycolic acid and 2% salicylic acid) solutions
- an exfoliation step using the Beta-HD solution
- use of blue LED lights for eight minutes
- and a hydration step with Anti-Ox+®

Highlights:

Percentage of patients with Investigator and Patient GASS scores of 0-1 (no acne to almost clear skin) were significantly increased following the series of Hydrafacial Clarifying treatments.

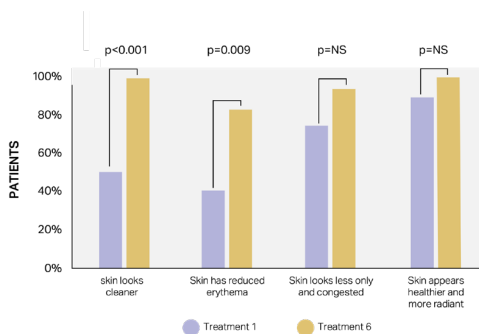
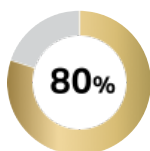


FIGURE 2. Investigator Efficacy Assessments. Percent of "Agree" and "Strongly Agree" indications after treatments 1 and 6. NS, not significant (p>0.05).



100% of patients agreed or strongly agreed that they felt more confident their appearance and that their skin looked and felt cleaner.



More than 80% agreed or strongly agreed that their skin looked clearer, looked less inflamed, and had fewer acne lesions.

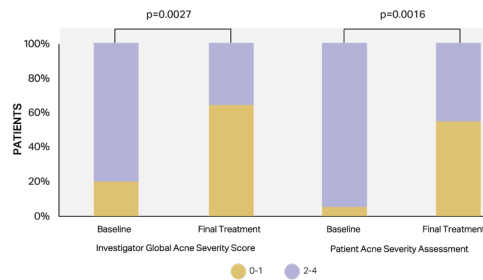


FIGURE 1. Investigator and Patient Global Acne Severity Score GASS grading 0-4: Grade 1=almost clear, Grade 2=mild, Grade 3=moderate, Grade 4=severe.



Following final treatment, investigators agreed or strongly agreed that 100% of patients had both clearer and healthier and more radiant skin.



More than 80% had both reduced erythema and less oiliness and congestion.

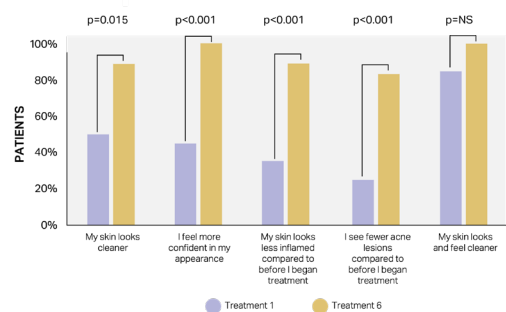


FIGURE 3. Patient Efficacy Assessments. Percent of "Agree" and "Strongly Agree" indications after treatments 1 and 6. NS, not significant (p>0.05).

Treatment was well-tolerated and aligned with the Hydrafacial safety profile (mild and transient redness and irritation).



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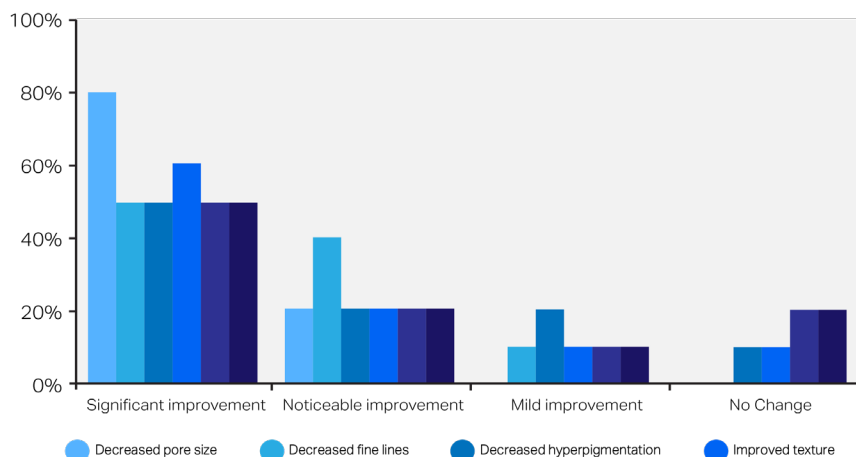
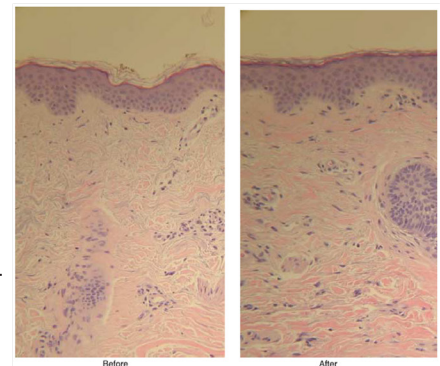
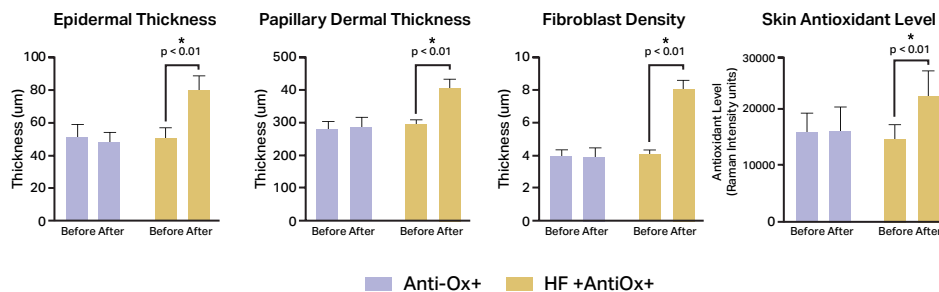
Hydrafacial Treatments Stimulate Collagen and Elastin and Increase Serum Absorption

About the Study:

20 adult patients were enrolled and split into 2 groups to compare the skin histological changes and serum absorption after 6 weekly Hydrafacial treatments with Anti-Ox+® vs topical Anti-Ox+® alone. Photography, skin microbiopsies, patient questionnaires, and an optical biophotonic scanner were used to evaluate the treatment effects.

Highlights:

- Hydrafacial + Anti-Ox+® significantly increased skin thickness, fibroblast density, and Anti-Ox+® serum absorption vs manual, topical application of Anti-Ox+ alone.
- Histology revealed increases in hyalinized collagen and elastin deposition (pink staining).



Only patients in the Hydrafacial + Anti-Ox+® group had significant changes in their skin quality:

- 100% reported noticeable to significant decrease in pore size.
- 90% reported noticeable to significant decreases in fine lines.
- 80% reported noticeable to significant improvement in texture.
- 70% reported noticeable to significant improvement in hyperpigmentation, skin firmness, and hydration.

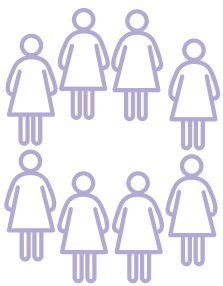
No Adverse Events were reported during the 8-week study period.



Hydrafacial Treatments Enhance Skin Quality Outcomes of a Skin Care Regimen

★ About the Study:

70 female subjects with skin quality concerns were enrolled and split into 2 groups:



Getting Skin Ready (GSR) by ZO Skin Health:

Assess efficacy of a 3-step protocol comprised of Cleansing (Foamacleanse), Exfoliating (Exfoliating Polish) and Oil Control (Cebatrol) over an 8-week usage period vs. baseline.



GSR + Hydrafacial:

Assess the benefits of the GSR skin care routine in conjunction with Hydrafacial Basic Treatment procedure (Cleanse/Exfoliate/Extract-NO Booster) administered at baseline, week 2 and week 4.

Efficacy was assessed using investigator assessments and VISIA photography.

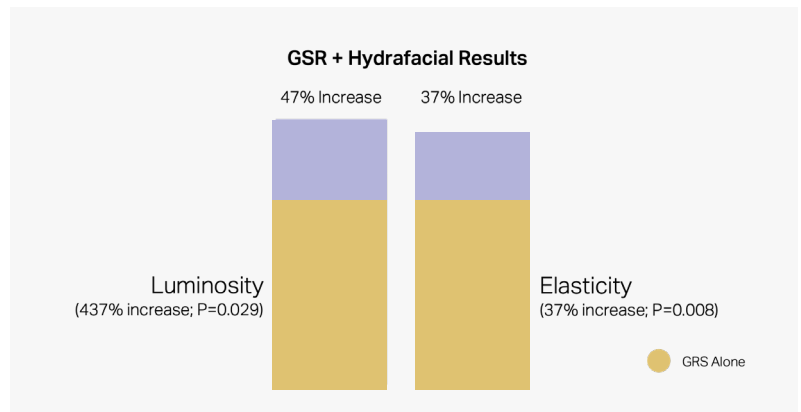
★ Highlights:

GSR and GSR + Hydrafacial demonstrated statistically significant improvements in roughness, pigmentation, pores, hydration, elasticity, redness, sebum, dirt removal, moisturization, clarity, smoothness, softness, firmness, texture, radiance, suppleness, and overall skin quality.

GSR + Hydrafacial resulted in...

- 47%** Superior Luminosity (47% increase; P=0.029)
- 37%** Elasticity (37% increase; P=0.008)

...vs GSR alone.



No Adverse Events were reported during the 8-week study period.